

Getting to school and back again safely. That's cool

Brilliant! Finally going to school. To learn brilliant things and make new friends. In addition to having fun, you also want to make sure you get to school and back safely. Here, we present some tips to you.

Walking to school



> Do not rush and always schedule enough time. If you do things hectically, you can quickly miss something

> Practising together is brilliant. Therefore, your parents should practise and discuss your route to school with you at an early stage

> Indicate to drivers with your hands that you want to cross the road

> You can be seen more easily together! You are best to go to school and back home again in a group. But beware – do not let yourself be distracted!

> Be alert when getting out of the car! Take a look first. No car in sight? Then open the door slowly and continue to be careful

Getting the bus or the train to school

> One is best to practise travelling by bus or train in advance with adults. They can show one everything that is important

Going to school by car

> A child's seat is like a throne in the car, so it is simply brilliant! Oh yes: and do not forget to fasten your seatbelt

> By the way, getting in and out of the car is very easy on the pavement side

> Good tip: always hold on to something, or better still, sit down

> A bus is big – one never knows what is coming behind it. Therefore, always wait until the bus or tram has driven away if you wish to cross the road

DEKRA Automobil GmbH
Handwerkstrasse 15
70565 Stuttgart
Phone +49.711.7861-0
Fax +49.711.7861-2240
info@dekra.com
www.dekra.com/en/safety-caps

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Safety makes you strong!

Be super strong and safe on the road



Safety to go: the DEKRA children's cap

Even if you are not yet very big, you can be noticed! The key is what you wear.

- > With the signal-red DEKRA children's cap, not only do you look cool, but people also see you from far off. For real! The cap has a kind of reflective strip that lights up like cats' eyes. Cool people do not just have something in their head, but also something on it
- > And if you also wear a reflective strip or a child's tabard triangle, you will definitely not be missed!
- > Wear mainly light-coloured things, especially when it quickly gets darker outside, such as in
- > autumn and winter. Even so, if you look the part you will be seen better. And no-one wants to be invisible, after all



Bikers welcome: getting to school by bike

From about primary 3 or 4, something new and cool heads your way: the bicycle licence!

For this, you can practise riding a bike correctly in road traffic with the police (yes, with real police officers!) and pass a small test. Then you have the bicycle licence!

Then you can travel your route to school by bike together with your parents. As you will see, it is a lot of fun!

Do not be deceived by what you can see – cars often do not see you!

Being a child is brilliant. However, sometimes adults forget the fact that you are not yet grown up and are often simply not yet familiarised with the situations that occur in road traffic. But that can be practised as well.

- > Due to your small height, you simply do not have an “overview” – therefore, you are easily missed. If, as an adult, one often crouches down when practising the route to school with you – and is thus at your eye level – one is sure to notice one or two more things you should pay attention to
- > Do you find it strange that the car does not see you even though you can see it? That is completely normal. You need to learn that seeing and being seen are two different things. And until then, it is helpful if adults try to think like you would and act accordingly
- > Do not rush, please. With your small feet, you simply need a little bit longer to cross the road.
- > STOP! Even if the traffic lights have only just changed to red – running quickly across the road is very dangerous



From a child's perspective

Important for your parents – for good teamwork

As parents, you can make a big contribution to ensuring that your children move around safely in road traffic. Practise rules of conduct together and be a role model.

- > Unlike adults, children have a heavily restricted field of vision – they cannot detect dangers out of the corner of their eye
- > Practise the route to school with your children. Discuss possible dangers on the way. Important: do this at the usual times when your child would go to school, i.e. not just at weekends and during the holidays
- > Children always base things on themselves – they think: “I see the car, so it sees me too”
- > Due to their smaller height, the little ones often lack an overview and they are easily missed by other road participants
- > Switch roles: let your children take you to school. In the process, they should explain to you where the dangers lie



From an adult's perspective